

PSHE - INFORMATION FOR PARENTS

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
YEAR 7	Thinking about the future: Aspirations, Organisation and the year ahead, setting goals, Black History Month part 1	Boundaries and respect: Diversity, keeping good friendships, bullying or banter, E-bullying	Relationships: Role models, Family relationships, what makes a good friend	Puberty: what happens when and why, periods: what happens when and why, personal hygiene	RSE/Sex Education: Laws on sex, challenges for young mothers, choices for pregnancies	Mental Health: Importance of sleep, Self-esteem, Mental health support, Importance of sleep for mental health
Revision Resources	N/A	N/A	N/A	N/A	N/A	N/A
Knowledge Organiser	N/A	N/A	N/A	N/A	N/A	N/A
YEAR 8	Racism: Black History Month part 1, Racism, Race and Music, Black History Month part 2	Health: Contraception, Teenage pregnancies, Hygiene, Vaping, nicotine and addiction	Bullying: Peer pressure, Online Trolling, What's funny and what's not	Discrimination and stereotypes: Cultural appropriation, Stereotypes-'That's so Gay', Stephen Lawrence day and British Values.	Relationships: Healthy Intimate relationships, Healthy relationships, Domestic conflict-running away from home.	Relationships: Community and responsibility, Women's safety, Healthy relationships with food.
Revision Resources	N/A	N/A	N/A	N/A	N/A	N/A
Knowledge Organiser	N/A	N/A	N/A	N/A	N/A	N/A
YEAR 9	Race and Discrimination: Human Rights, Terrorism, Black History Month part 1, Black History Month part 2, Misogyny and Sexism, Sexism, misogyny and hate crimes. Discrimination	Health: Mental Health, Managing exam stress, body image, exercise, exercise and mental health, The body, Vaping/Smoking.	Thinking Ahead: Follow your dreams, Managing risks in new situations, Achievements, Resilience, How to take care of my money, How to revise effectively. Religion and	Law and Order: British Criminal Justice System, Honour based violence, County Line, Avoiding Gang and criminal behaviour, Cut knives out.	Relationships: Marriage, managing unhealthy relationships, Sustaining relationships, Divorce, Relationship break ups, Managing Friendships	Relationships: Building blocks, Consent part 1, Consent part 2, Readiness, Fertility, FGM, STIs.
Revision Resources	N/A	N/A	N/A	N/A	N/A	N/A
Knowledge Organiser	N/A	N/A	N/A	N/A	N/A	N/A
YEAR 10	Societal Issues: Introduction to RSHE, Knife Crime, FGM, Indoctrination and Stereotypes, Privilege, Black History Month part 1, Black History Month part 2.	The Digital World: Safety on the Internet, Online presence, Positive online identity, Stalking and harassment, Pornography, Pornography Myths, Revenge Porn	Who am I: Drugs and Alcohol, Identity, Masculinity, Self-awareness, Self-harm, Vaping and peer pressure.	Preparing for the future: How to get work experience, How to write a CV, First aid and Safety, Careers, Employability Skills.	Relationships: Risky behaviours, Sustaining relationships, Violence against women, Intimate and sexual relationships, Sexual response and pleasure, Contraception and Pregnancy choices.	Relationships: Gender, Power, Consent, Consent, Legal status of marriage, Religion and Homosexuality, Managing friendships and pressure, Abuse in teen relationships, Forced and arranged marriages.
Revision Resources	N/A	N/A	N/A	N/A	N/A	N/A
Knowledge Organiser	N/A	N/A	N/A	N/A	N/A	N/A
YEAR 11	Preparing for Year 11: Time Management, Dealing with exam stress and anxiety, Vaping, Social Media, Social Media Validation, Black History Month part 1, Black History Month part 2.	Keeping Safe: Toxic Relationships, Child on Child abuse, Sexual harassment, Sam sex relationships, LGBTQ+ and Religious views, Body image media and eating disorders, Voting Rights.	Planning for the Future: Follow your dreams, Managing risks in new situations, Achievements, Resilience, How to take care of my money, How to revise effectively, Religion and LGBTQ+.	British Society and Laws: British Criminal Justice System, Honour based violence, County Line, Avoiding Gang and criminal behaviour, Cut knives out.	Relationships: Marriage, managing unhealthy relationships, Sustaining relationships, Divorce, Relationship break ups, Managing Friendships	Relationships: Building blocks, Consent part 1, Consent part 2, Readiness, Fertility, FGM, STIs.
Revision Resources	N/A	N/A	N/A	N/A	N/A	N/A
Knowledge Organiser	N/A	N/A	N/A	N/A	N/A	N/A