

YEAR GROUP: 8	Term 1.1	Term 1.2	Term 2.1	Term 2.2	Term 3.1	Term 3.2
Topic/Theme	Families / respectful relationships, including friendships	Relationships and Cyber bullying	Sexual relationships and Exploitation	Mindset and decision making	Online and the media/ Keeping safe	Health and Safety
Knowledge	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> - Peer pressure -What makes a good friend, whats funny and not? -Black History Month part 1 <p>PAD:</p> <ul style="list-style-type: none"> -Good Friendships L1 & L2 -Families and conflict L3 & L4 -British values and racism L5 & L6 	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> - Black History Month part 2 -Racism - Women's safety-Sarah Everade and the safety of women - Personal Hygiene <p>PAD:</p> <ul style="list-style-type: none"> -Good Friendships L1 & L2 -families and conflict L3 & L4 -British values and racism L5 & L6 	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> - Healthy intimate relationships -Contraceptions. - the characteristics of healthy intimate relationships - about choices people make around sex, including delaying sex or enjoying intimacy without sex - basic facts about some different methods of contraception - know how condoms are used and where they can be accessed - basic information about STIs (how they are transmitted and where they can be treated) - Teenage pregnancies <p>PAD:</p> <ul style="list-style-type: none"> -Exploitation L1 & L2 	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> - Community and responsibility -Healthy relationships with others - Healthy relationships with food <p>PAD:</p> <ul style="list-style-type: none"> -Growth Mindset 1 L1 & L2 -Growth Mindset 2 L3 & L4 -Research and Options for GCSE L5 & L6 	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> -Cultural appropriation -Stephen Lawrence and British Values -Racism and Media/Music <p>PAD:</p> <ul style="list-style-type: none"> -Drugs L1 & L2 -Child Sexual Exploitation (CSE) L3 & L4 -Gangs and Criminal behaviour L5 & L6 	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> -Stereotypes 'That's so Gay' -Online Trolling -Vaping, Nicotine and Addiction <p>PAD:</p> <ul style="list-style-type: none"> -June Pride Month L1 & L2 -Looking after your wellbeing L3 & L4 -Resilience L5 & L6
Big Question	How do you recognise negative influences in your life?	How should we keep ourselves safe?	How does your brain affect you?	How do you take care of yourself particularly your mind and body?	How do you stand up against racism, stereotypes and discrimination?	Why is Vaping worse than smoking?
Academic Reading	https://kids.nationalgeographic.com/history/article/black-history-month	https://www.mentalhealth.org.uk/explore-mental-health	https://www.who.int/news-room/fact-sheets/detail/sexually-transmitted-infections	https://hbr.org/2016/01/what-having-a-growth-mindset-actually-means	https://www.bbc.com/culture/article/20200513-what-define-cultural	https://newsinhealth.nih.gov/2020/05/risks-vaping
Cultural Capital	To develop understanding of sensitive topics we link to real life examples, for example...	To develop an understanding of diversity and respecting diversity. How to use anti-bullying strategies to minimise hate and prejudice based bullying.	We aim to equip pupils with cultural capital, preparing children with the essential RSE educational knowledge and skills for what comes next. The exploration of new skills and experiences helps to nurture resilience, curiosity and creativity. Through this journey, children develop new forms of cultural capital that makes a difference in individual mind-sets, which consequently shapes their future.	To develop students understanding of the importance of hygiene and diet with real life items as examples and skills and knowledge on how to use these for better hygiene.	To assist with understanding of cultural appropriation and real life serious such as Stephen Lawrence Murder.	Exposing students to serious effects of vaping and real life stories of those who have experienced life changing experiences dur to vaping.
Cognitive Links	How historical events shaped modern day British culture.	Exposing students to serious effects of vaping and real life stories of those who have experienced life changing experiences dur to vaping.	Science link – The adolescent body and changes. Lesson 5 of the sexual reproduction unit in animals concentrates on not just the life cycle of animals including humans but puberty and adolescence. It touches upon the menstrual cycle. The lesson challenges misconceptions and shows students the changes in the body as they become older.	ICT link – focusses on online safety, specifically grooming, sexting and cyberbullying. Students will be taught what these areas involve, how they happen and how to respond and report if they happen. This also covers general internet safety and sharing personal content online.		
End Points	<p>To understand the importance of friendship and the qualities makes a good friend</p> <p>To understand what is needed to make positive relationships with friends.</p> <p>To evaluate why some friendships can be more beneficial than others</p> <p>Correctly identify the dangers and risks of leaving home and living on the streets. Identify places we can get help with domestic conflict.</p> <p>Describe solutions (or starting points to help) for a variety of domestic conflict case studies.</p> <p>Explain why running away from home with nowhere to go is a bad idea, explaining the possible long and short-term consequences.</p> <p>Describe the meaning of xenophobia, extreme nationalism and racism.</p> <p>Explain why these three things are so dangerous to a peaceful society.</p> <p>Analyse where xenophobia, extreme nationalism and racism originate from and why they are still causing problems in Britain to this day.</p> <p>To be able to explain why it is important to be confident and assertive.</p> <p>To understand how to cope with peer pressure</p> <p>To understand when peer pressure can go wrong and how it can make someone else feel</p> <p>Describe the meaning of bullying and cyberbullying and the impact it can have on an individual</p> <p>Exploring appropriate ways of responding to discriminating, hurtful or intimidating behaviour.</p> <p>Create a class display celebrating our black British community, their successes, icons and celebrities.</p> <p>Describe the successes and contributions to Britain and the rest of the world of your chosen black Briton in detail for our display.</p> <p>Choose two black British icons to research and present. Who has had the most impact in changing our society?</p>	<p>Identify whether situations show religious prejudice or not.</p> <p>Describe your own opinions about freedom of speech and religious prejudice. Complete explanation task without using ideas sheet.</p> <p>Explain whether situations show religious prejudice, religious discrimination or religious ignorance. Analyse why such incidents still happen today.</p> <p>In today's lesson we will be look at why young people join gangs.</p> <p>I can identify the qualities of healthy and unhealthy social groups so that I can explain which factors contribute to a young person deciding to join a gang</p> <p>In today's lesson we will be look at risky behaviour</p> <p>I can explain influences on decision-making about gangs so that I can explain the risks and consequences of different gang behaviours</p> <p>Correctly identify the different ways an online groomer will try to exploit someone.</p> <p>Describe what the warning signs are and how an online groomer might act to persuade you he/she is someone else.</p> <p>Explain why online groomers may use these particular methods and what the consequences for the vulnerable person could be.</p> <p>To understand the importance of the month and to appreciate individuals in Black History</p> <p>I understand the ways in which diet, exercise, hygiene and sleep contribute to being healthy</p> <p>To understand how important personal hygiene is and how to achieve it</p>	<p>Identify the most common methods used to radicalise people and what extreme ideas sound like.</p> <p>Describe what radicalisation of an individual might look like.</p> <p>Explain why certain people are vulnerable to radicalisation and what you should do if you suspect it's happening to someone you know.</p> <p>Correctly identify ways we can practice mindfulness and ways mindfulness can help our mental health.</p> <p>Describe in detail ways for us to deal positively with anxiety and stress through practicing mindfulness.</p> <p>Explain the benefits of 'doing nothing', living in the now and doing one thing at a time.</p> <p>In today's lesson we will look at what is considered healthy relationships</p> <p>To identify the qualities of healthy and unhealthy relationships</p> <p>Describe some ways we can protect ourselves against unsafe sex.</p> <p>Explain the pro's and con's of particular forms of contraceptives and where the best place would be for a teenager to get advice and contraception.</p> <p>Analyse where the incorrect myths about sex might come from and evaluate which type of contraception is best depending on a person's circumstances.</p> <p>Identify the challenges teen parents face as well as any positives about becoming a parent at a young age.</p> <p>Describe options available to young people who find themselves in this situation, where help can be found and what help is available.</p> <p>Analyse why it is harder to be financially stable when you are a young parent and explain the statistics behind teen pregnancy in the UK.</p>	<p>Describe different ways we can help ourselves and others to improve our moods in a healthy way when we feel a little low.</p> <p>Explain how certain activities can help to improve our moods and make us feel more positive as well as why these tips work.</p> <p>Analyse the short and long term benefits of the different healthy ways we can improve our own and other people's moods.</p> <p>To understand the role of a foodbank within the local community.</p> <p>To consider the factors contributing to the need for foodbanks.</p> <p>To evaluate ways in which local foodbanks could be supported.</p>	<p>To define the term drug and understand the different forms it can take</p> <p>To explore why people use drugs</p> <p>To evaluate the impact drug use is having on society</p> <p>Understand what the word 'exploitation' means</p> <p>Learn how to tell if someone is being exploited by their boyfriend, girlfriend or friend</p> <p>How some people gain power and control over others</p> <p>Be able to understand how being exploited can make young people feel.</p> <p>Will be able to evaluate the features and benefits of a healthy relationship.</p> <p>To understand how to avoid gangs and criminals and what to do if you are worried about being involved in these groups</p> <p>Correctly identify the meaning of cultural appropriation, examples of this and why cultural appropriation can be offensive.</p> <p>Describe in detail the origins of cultural appropriation, why it is an issue, what exactly makes it offensive and why, in detail.</p> <p>Explain, using new terminology in the correct context, why particular types of cultural appropriation can be more offensive based on context, referring to the concept of privilege.</p> <p>In today's lesson we will be look at Stephen Lawrence's murder and how the world changed after this</p>	<p>I will complete the complete the red clip challenge and gain at least 60% on today's quiz. I will be able to state the meaning of the acronym LGBTQAI.</p> <p>I will complete the amber clip challenge and gain at least 80% on today's quiz. I will be able to describe the diversity of the LGBTQAI community.</p> <p>I will complete the complete the green clip challenge and gain 100% on today's quiz. As above, but I will also be able to explain why the LGBTQAI community can be difficult to define.</p> <p>I understand that there are strategies and behaviours that support my mental health and wellbeing.</p> <p>I can think of ways I can show self-kindness.</p> <p>I can list the areas I can control and the areas I can't control.</p> <p>I can think of ways to connect with other people for support.</p> <p>Identify and categorise the different health problems caused by smoking tobacco and cannabis and describe problems caused by nicotine.</p> <p>Describe the different health problems caused by smoking tobacco and cannabis and the link between addiction, nicotine and dopamine.</p> <p>Explain why the NHS have endorsed vaping as a stop smoking aid and whether or not this makes vaping a safe long term activity using new terminology.</p>