

YEAR GROUP: 9	Term 1.1	Term 1.2	Term 2.1	Term 2.2	Term 3.1	Term 3.2
Topic/Theme	Families, Marriage and relationships	Unhealthy relationships	Sexual relationships	Health and prevention	Finances and Online safety	Mental health and personal care
Knowledge	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> - Marriage - Religion and LGBTQ+ - Black History Month part 1 Divorce Managing Friendships Vaping <p>PAD:</p> <ul style="list-style-type: none"> - Sexual Relationships L1 & L2 - families and conflict L3 & L4 - Womens rights-Sarah Everade and the safety of women L5 & L6 	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> - Black History Month part 2 - Managing unhealthy relationships - Consent - Sexism, Misogyny and hate crimes - Honor based violence - Cut knives out - County Lines <p>PAD:</p> <ul style="list-style-type: none"> - The Year ahead L1 & L2 - Relationship abuse L3 & L4 - Revenge porn L5 & L6 - Violence against Women L7 	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> - Building Blocks - Consent - Sustaining relationships - The body - Fertility - STI's <p>PAD:</p> <ul style="list-style-type: none"> - Sexual responses L1 & L2 - Pregnancy Options L3 & L4 - Pornography L5 & L6 	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> - Human Rights - Readiness - Body Image - FGM - Exercise and Fitness - Exercise and mental Health: About the impact exam stress may have on mental health and when to seek help - helpful techniques to cope with exam stress, including revision techniques - about different strategies people use to cope with poor emotional health and which might be more helpful in the long term. 	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> - Misogyny and Sexism - Managing risks in new situations - How to take care of my money - Violence against women - Avoiding gangs and criminal behaviour - How to revise effectively <p>PAD:</p> <ul style="list-style-type: none"> - Consent and Peer on peer bullying L1 & L2 - Hate crime and extremism L3 & L4 - Positive and negative relationships L5 & L6 	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> - Mental Health - Managing exam stress - Terrorism - Resilience - Follow your dreams - Achievements - British criminal Justice system <p>PAD:</p> <ul style="list-style-type: none"> - Compassion L1 & L2 - Self-esteem L3 & L4 - Screen Time L5 & L6
Big Question	Who is there a shift away from the traditional family type?	What makes an unhealthy relationship?	How do you recognise a negative influence in your life?	How do you take care of your body?	How do you recognise a toxic person?	How do you take care of your mental health?
Academic Reading	https://www.theguardian.com/books/2022/sep/24/zadie-smith-in-praise-of-black-england-gretchen-gerzina	What Does Misogyny Look Like? - The New York Times	What is sexual consent? Rape Crisis England & Wales	https://www.who.int/news-room/fact-sheets/detail/female-genital-mutilation https://www.bbc.com/news/health-61848448	Don't get mad, get equal, putting an end to misogyny in science	https://hbr.org/2021/01/the-secret-to-building-resilience
Cultural Capital	To develop an understanding of diversity and respecting diversity. How to use anti-bullying strategies to minimise hate and prejudice based bullying.	To develop an understanding of diversity and respecting diversity. How to use anti-bullying strategies to minimise hate and prejudice based bullying.	To assist with understanding the importance of consent and appreciating each others boundaries when engaging in sexual contact with someone else.	To develop students understanding of the importance of body image and realistic views on this examples and skills and knowledge on how to be confident with our own image without comparing to others.	We aim to equip pupils with cultural capital, preparing children with the essential RSE educational knowledge and skills for what comes next. The exploration of new skills and experiences helps to nurture resilience, curiosity and creativity. Through this journey, children develop new forms of cultural capital that makes a difference in individual mind-sets, which consequently shapes their future.	To assist with understanding the British criminal justice system and the importance of knowing your rights as well as others.
Cognitive Links			Science link – Human reproduction, the process disregarding the emotional context. Students understand and are able to identify the structures and organs in the reproductive system and the function of the system as a whole. The process of reproduction is covered			
End Points	<p>To know what sex outside of marriage is and why people have sex outside of a marriage</p> <p>To understand the different Christian both for and against sex outside of marriage.</p> <p>To be able to evaluate the different Christian teachings through exam practice.</p> <p>To know the nature of different family structures.</p> <p>To understand the nature of families including: the role of parents and children, extended families and the nuclear family.</p> <p>To be able to demonstrate knowledge of Christian and Muslim beliefs towards family life.</p> <p>To be able to explain why it is important to be confident and assertive.</p> <p>To understand how to cope with peer pressure</p> <p>To understand when peer pressure can go wrong and how it can make someone else feel</p> <p>Describe the meaning of bullying and cyberbullying and the impact it can have on an individual</p> <p>Exploring appropriate ways of responding to discriminating, hurtful or intimidating behaviour.</p> <p>Create a class display celebrating our black British community, their successes, icons and celebrities.</p> <p>Describe the successes and contributions to Britain and the rest of the world of your chosen black Briton in detail for our display.</p> <p>Choose two black British icons to research and present. Who has had the most impact in changing our society? Analyse.</p>	<p>To understand the importance of moving forward</p> <p>To be able to identify signs of different types of abuse.</p> <p>To be able to describe exit strategies and identify support for abusive relationships.</p> <p>To be able to identify likely thoughts and feelings which can affect decision-making and suggest how to overcome barriers to help-seeking.</p> <p>To be able to explain how to help others who may be in an abusive relationship.</p> <p>Correctly identify what to do to prevent revenge porn and what to do if you become a victim.</p> <p>Describe the long and short term consequences of sharing intimate images with partners or friends.</p> <p>Explain, using new terminology in the correct context the legal, short and long-term consequences for perpetrators and victims.</p> <p>To look at different examples of violence against women and to understand the causes and solutions.</p> <p>To understand the importance of the month and to appreciate individuals in Black History</p> <p>I understand the ways in which diet, exercise, hygiene and sleep contribute to being healthy</p> <p>To understand how important personal hygiene is and how to achieve it</p>	<p>To know that sexual feelings are normal and know some of the ways that people experience sexual pleasure and that this is not the same for everyone</p> <p>appreciate that sex and sexual activities should be enjoyable for both partners and understand that masturbation is a normal, safe sexual practice.</p> <p>To know at what point pregnancy can be detected and why early detection is important and be able to distinguish between facts and opinions about abortion</p> <p>explore the emotional impact an unintended pregnancy may have on an individual</p> <p>To develop communication skills to discuss pregnancy decisions including about abortion</p> <p>Understand what the law says about pornography and how it relates to young people</p> <p>Know that pornography does not represent reality and can reinforce inequalities</p> <p>Be aware that watching legal pornography is a choice and should not be done uncritically</p> <p>Know how to use an assertive communication style to deal with pressure</p>	<p>To describe the effects of nicotine, tar and carbon monoxide on the body.</p> <p>To analyse how the components of cigarettes lead to disease.</p> <p>To interpret data on the effects of smoking.</p> <p>Understand what the law says about discrimination</p> <p>To understand equality and know their rights, to understand both how they should be treated, and how they should treat others</p> <p>To understand what body image is.</p> <p>To explore what impacts body image for boys and girls.</p> <p>To understand our someone can improve their own or a friends self-esteem.</p> <p>In today's lesson we will look at what is considered healthy relationships</p> <p>I can identify the qualities of healthy and unhealthy relationships</p> <p>Describe some ways we can protect ourselves against unsafe sex.</p> <p>Explain the pro's and con's of particular forms of contraceptives and where the best place would be for a teenager to get advice and contraception.</p> <p>Analyse where the incorrect myths about sex might come from and evaluate which type of contraception is best depending on a person's circumstances.</p> <p>Identify the challenges teen parents face as well as any positives about becoming a parent at a young age.</p> <p>Describe options available to young people who find themselves in this situation, where help can be found and what help is available.</p> <p>Analyse why it is harder to be financially stable when you are a young</p>	<p>To understand the law on Peer on Peer abuse and to understand what constitutes Peer on Peer abuse</p> <p>To understand what discrimination is.</p> <p>To think about what we can do if we see discrimination happening.</p> <p>To think about how we can show respect to those around us.</p> <p>Compare and contrast the characteristics of healthy and unhealthy relationships.</p> <p>Describe the potential impacts of power differences such as age, status or position within relationships.</p> <p>Compare and contrast the characteristics of healthy and unhealthy relationships.</p> <p>Describe the potential impacts of power differences such as age, status or position within relationships.</p> <p>Correctly identify the meaning of cultural appropriation, examples of this and why cultural appropriation can be offensive.</p> <p>Describe in detail the origins of cultural appropriation, why it is an issue, what exactly makes it offensive and why, in detail.</p> <p>Explain, using new terminology in the correct context, why particular types of cultural appropriation can be more offensive based on context, referring to the concept of privilege.</p> <p>In today's lesson we will be look at Stephen Lawrence's murder and how the world changed after this</p>	<p>To explain what compassion is and why it is important to be compassionate.</p> <p>Correctly identify the consequences of too much screen time and the ways this can impact upon our mental and physical health.</p> <p>Describe in detail the consequences of having too much screen time, how this affects the brain and positive alternatives for recreation.</p> <p>Explain, using today's key terminology in the correct context, why too much screen time can damage our brains and whether screen time can have positive affects if engaged in moderation.</p> <p>Identify and categorise the different health problems caused by smoking tobacco and cannabis and describe problems caused by nicotine.</p> <p>Describe the different health problems caused by smoking tobacco and cannabis and the link between addiction, nicotine and dopamine.</p> <p>Explain why the NHS have endorsed vaping as a stop smoking aid and whether or not this makes vaping a safe long term activity using new terminology.</p>