

YEAR GROUP: 10	Term 1.1	Term 1.2	Term 2.1	Term 2.2	Term 3.1	Term 3.2
Topic/Theme	Stereotyping and equality	Sexual relationships	Sexual relationships	Online safety	Online and the media	Crime
Knowledge	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> - Introduction to RSHE - Legal status of marriage - Black History Month part 1 - Religion and Homosexuality - Managing friendships - Vaping <p>PAD:</p> <ul style="list-style-type: none"> - Long term commitments L1 & L2 - Parenting L3 & L4 - Women's Safety L5 & L6 	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> - Black History Month part 2 - Abuse in Teen relationships - Pornography - Revenge Porn - Stalking and Harassment - Why do people commit suicide - Forced and arranged marriages <p>PAD:</p> <ul style="list-style-type: none"> - Domestic Abuse L1 & L2 - Sexual Exploitation L3 & L4 - Cat Fishing L5 & L6 - Religion and LGBTQ+ 	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> - Gender, Power and Consent - Consent - Sustaining relationships - Intimate and sexual relationships - Sexual response and pleasure - Contraception and Pregnancy Choice - British criminal Justice system <p>PAD:</p> <ul style="list-style-type: none"> - Pregnancy Options L1 & L2 - Dating and relationship violence L3 & L4 - Sexual Harassment L5 & L6 	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> - Online Presence - Risky Behaviours - Safety on Internet - Pornography and Mental Health: About the impact exam stress may have on mental health and when to seek help - helpful techniques to cope with exam stress, including revision techniques - about different strategies people use to cope with poor emotional health and which might be more helpful in the long term. - Body Image <p>PAD:</p> <ul style="list-style-type: none"> - Self-awareness L1 & L2 - Financial advice L3 & L4 - Smoking L5 & L6 	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> - How to get Work experience - Consent - Violence against women - A new type of donation - Positive online identity - Indoctrination and Stereotypes <p>PAD:</p> <ul style="list-style-type: none"> - Self-awareness L1 & L2 - Financial advice L3 & L4 - Smoking L5 & L6 	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> - Drugs and Alcohol - Masculinity - Self-awareness - First aid and personal safety - Self-Harm - Knife-crime - Privilege - About different legal classifications of drugs and penalties for possession and supply, including school rules about drugs - the facts about legal and illegal drugs and the risks associated with them - the risks of dependency and addiction
Big Question	How do we fight against stereotypes?	What are unrealistic expectations regarding sexual intercourse?	Why is consent important?	How do you keep safe online?	How do you take care of your money?	Why has society's view on masculinity changed?
Academic Reading	https://www.cfr.org/article/changing-landscapes-global-lgbtq-rights	My teacher said I'd more likely be dead by 25 than a footballer. What if that's true?	What Is Sexual Consent? Facts About Rape & Sexual Assault	https://www.webroot.com/gb/en/resources/tips-articles/internet-safety-articles/how-to-keep-safe-online	Focusing on consent ignores better ways of preventing sexual violence	https://www.theguardian.com/society/2023/feb/16/its-time-to-rethink-focus-on-masculinity
Cultural Capital	Exposing students to various effects of vaping and real life stories of those who have experienced life changing experiences due to vaping.	How to use anti-bullying strategies to minimise hate and prejudice based bullying.	We aim to equip pupils with cultural capital, preparing children with the essential RSE educational knowledge and skills for what comes next. The exploration of new skills and experiences helps to nurture resilience, curiosity and creativity. Through this journey, children develop new forms of cultural capital that makes a difference in individual mind-sets, which consequently shapes their future.	To assist with understanding of the importance of internet safety and how it can affect an individual's mental health if you are not safe online.	To assist with understanding of the importance of internet safety and how it can affect an individual's mental health if you are not safe online.	To assist with understanding of the importance of drug and alcohol abuse and misuse.
Cognitive Links	History: Science: H&GC	History and ethics	H&GC	Science	Science	Science
End Points	<p>To be able to describe the options available to people who wish to make a long term commitment</p> <p>To be able to explain how a long term relationship can become legally binding</p> <p>To be able to recognise the unacceptability of forced marriage and identify support for someone who may be at risk</p> <p>To be able to identify the roles and responsibilities of parents with respect to raising children</p> <p>To be able to evaluate the characteristics of successful parenting</p> <p>To be able to identify the specific challenges and responsibilities of parenting at different stages in a child's life</p> <p>To know what RSHE is all about this year.</p> <p>To understand the key skills needed to be successful in school and beyond it.</p> <p>To reflect on the year ahead.</p> <p>To be able to describe the legal rights of people in different forms of long-term commitments</p> <p>To be able to explain why people might choose to marry and why marriage must be freely entered into</p> <p>To be able to analyse different attitudes towards marriage</p> <p>Describe the successes and contributions to Britain and the rest of the world of your chosen black Briton in detail for our display.</p> <p>Choose two black British icons to research and present. Who has had the most impact in changing our society? Analyse.</p> <p>To be able to describe different types of sexuality and evaluate Christian views on homosexuality.</p> <p>To describe different types of sexuality.</p> <p>To work as a group to consider the problem of homophobia.</p> <p>To explain Christian views on homosexuality.</p> <p>To understand how we can manage friendships in a positive way</p> <p>To describe the different types and impacts they have on your body.</p>	<p>To understand the different types of abuse</p> <p>To know what abusive behaviour looks like</p> <p>To evaluate different scenarios and discuss whether they are abusive or not</p> <p>To know what CSE is.</p> <p>To understand the signs of concern</p> <p>To know where to get help</p> <p>To learn about the experiences of LGBTQ+ people of faith.</p> <p>To understand it's OK to be LGBTQ+ and religious</p> <p>To discover how to be an ally to LGBTQ+ people of faith.</p> <p>To how to identify relationship abuse how to access support</p> <p>Explain what is meant by 'relationship abuse'</p> <p>Identify the different types of abuse that can affect relationships</p> <p>Describe ways to get help with relationship abuse</p> <p>Describe some of the risks in relation to sharing sexual images</p> <p>Explain the implications, including legal implications, of sending or forwarding sexual images</p> <p>Explain how and from where to get help if someone I know is being pressured to send or share inappropriate images</p> <p>Correctly identify what to do to prevent revenge porn and what to do if you become a victim.</p> <p>Describe the long and short term consequences of sharing intimate images with partners or friends.</p> <p>Explain, using new terminology in the correct context the legal, short and long-term consequences for perpetrators and victims.</p> <p>Correctly identify warning signs from those who may intend on suicide, describe ways we can support those with depression</p> <p>Describe the factors that contribute towards some people committing suicide, the biggest risk factors and what we can do to aid prevention</p> <p>Explain why people commit suicide, why people find it difficult to communicate their thoughts and the best ways to offer support</p> <p>Correctly identify cases of both arranged and forced marriages and begin to describe the differences.</p>	<p>To know at what point pregnancy can be detected and why early detection is important</p> <p>To be able to distinguish between facts and opinions about abortion</p> <p>To explore the emotional impact an unintended pregnancy may have on an individual</p> <p>To develop communication skills to discuss pregnancy decisions including about abortion</p> <p>Learn what is meant by coercive control, some of the ways that people do this to their partner, and what it might look like if it was happening to someone</p> <p>Examine the '7 Red Flags' of dating and relationship violence,</p> <p>Explore a scenario of dating and relationship violence, and identify what the characters could or should do in response</p> <p>Develop understanding of different types of sexual harassment, coercive behaviours and sexual abuse</p> <p>Explore which behaviours could be considered to be sexual harassment, and how these behaviours make people feel</p> <p>Be able to explain why sexual harassment happens, what action should be taken by bystanders, and what could happen if sexually harassing behaviour is not addressed.</p>	<p>To learn to identify positive emotions and how they can experience more positivity.</p> <p>To help young people understand the nature of stress and anxiety.</p> <p>Understand what is meant by the protected characteristics and why they have been represented in law in this way</p> <p>Be able to explain intersectionality and the effect that intersectionality has on power</p> <p>Reflect upon stereotypes and why they are negative</p> <p>Consider ways to ensure gender equality in our school</p> <p>Be aware of some of the ways that people communicate consent and non-consent</p> <p>know that sexual consent requires choice, freedom, and capacity</p> <p>understand what sexual consent means and why it is so important</p> <p>understand the legal age of consent and that most young people do not have sex until after they have passed the age of consent</p> <p>consider how sexual attraction and love are different but related feelings</p> <p>recognise that love can evoke powerful emotions, and practice some skills for handling emotions such as jealousy</p> <p>consider some of the conflicts and demands that can arise in long-term relationships</p> <p>identify some forms of relationship abuse</p> <p>use assertiveness in communication with others</p> <p>Understand what is meant by the 'human sexual response' and what happens when people have sex</p> <p>Be able to suggest and explain some positive and negative reasons why people may have sex</p> <p>Be able to recognise enthusiastic consent or lack of, and have considered how someone could ascertain their partner's consent</p> <p>Apply your understanding to explain the relationship between consent and pleasure, and consent and power</p> <p>know that sexual feelings are normal</p> <p>know some of the ways that people experience sexual pleasure and</p>	<p>Identify ways we can work on our sensitivity and self awareness and apply our learning to a case study.</p> <p>Describe in detail how we can improve our self awareness and sensitivity and how this can help us improve relationships.</p> <p>Explain in detail how we can sensitively handle strong emotions and which tips are most useful for particular people.</p> <p>To understand the options available with work experience and how your employment options may be changing</p> <p>I understand what consent means and why it is so important.</p> <p>I can recognise when someone is consenting and when they are not.</p> <p>I understand how consent is sought, given and not given in a healthy relationship.</p> <p>I know what to say and do to seek the consent of another person</p> <p>To look at different examples of violence against women and to understand the causes and solutions.</p> <p>To understand the importance of blood and organ donation</p> <p>To learn the importance of your image online. To use social media responsibly to protect the health, wellbeing and rights of all.</p> <p>What is extremism? How to prevent and keep children safe from radicalisation.</p>	<p>I understand what consent means and why it is so important.</p> <p>I can recognise when someone is consenting and when they are not.</p> <p>I understand how consent is sought, given and not given in a healthy relationship.</p> <p>I know what to say and do to seek the consent of another person</p> <p>Describe what we mean by positive masculine qualities.</p> <p>Explain what makes the case studies from today great positive male role models.</p> <p>Identify ways we can work on our sensitivity and self awareness and apply our learning to a case study.</p> <p>Describe in detail how we can improve our self awareness and sensitivity and how this can help us improve relationships.</p> <p>Explain in detail how we can sensitively handle strong emotions and which tips are most useful for particular people.</p> <p>What do you need to do first in this situation? Identify three ways you could help.</p> <p>Why does the order in which we help matter? Explain.</p> <p>Analysed - could personal safety skills have helped the boy in preventing this situation or is this kind of crime something we can't prepare for?</p> <p>Correctly identify cases of self-harm, dermatillomania, anxiety and depression.</p> <p>Describe the characteristics of the above and how we can help support the different conditions.</p> <p>Explain the difference between self-harm and dermatillomania and how we should support sufferers of either condition.</p> <p>Correctly identify the consequences of knife crime and why young people become involved.</p> <p>Describe the long term and short term consequences of carrying knives and why knife crime is difficult to prevent.</p> <p>Explain how the methods used to stop knife crime sometimes don't help and why this is.</p> <p>Correctly identify the meaning of privilege and how it affects the lives</p>