

YEAR GROUP: 11	Term 1.1	Term 1.2	Term 2.1	Term 2.2	Term 3.1	Term 3.2
Topic/Theme	Mental health and personal care	Sexual relationships/harassments	Sexual relationships	How to stay safe	Drugs and alcohol	Managing stress
Knowledge	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> - Time Management - Dealing with exam stress and anxiety - Black History Month part 1 - Same sex relationships - LGBTQ+ and Religion - Vaping <p>PAD:</p> <ul style="list-style-type: none"> - Stress Management L1 & L2 - Success in KS4 L3 & L4 	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> - Black History Month part 2 - Sexual Harrassment - Social Media - Social Media Validation - Child on Child abuse - Voting Rights <p>PAD:</p> <ul style="list-style-type: none"> - Unwanted attention L1 & L2 - Digital Resilience L3 & L4 	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> - Building Blocks - Consent - Healthy Communications - Sustaining relationships - The Body - Healthy Relationships with Food <p>PAD:</p> <ul style="list-style-type: none"> - Money Matters part 1 L1 & L2 - Money Matters part 2 L3 & L4 	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> - Online Safty - Peer on Peer pressure - Social Media Validation part 2 - Importance of happiness - Tolerance and respect <p>PAD:</p> <ul style="list-style-type: none"> - Anxiety and Stress L1 & L2 - Engagement L3 & L4 - Opportunities L5 & L6 	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> - <p>PAD:</p> <ul style="list-style-type: none"> - Addiction L1 & L2 - Smoking L3 & L4 - Failure to success L5 & L6 - About different legal classifications of drugs and penalties for possession and supply, including school rules about drugs - The facts about legal and illegal drugs and the risks 	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> - <p>PAD:</p> <ul style="list-style-type: none"> - Consent L1 & L2 - Sexual Harrassment L3 & L4 - Screen Time L5 & L6 - Managing exams - How to cope with Stress - The laws in relation to sexual activity, including consent - About laws around and warning signs of sexual exploitation
Riv Question	Whats the best way to take care of your mental health?	What are pros and cons of social media?	How should you take care of your body?	Why is peer on peer pressure?	Why can Vapine be considered worse than smoking and drinkine?	How do I control and manage my stress levels?
Academic Reading	https://respiratory-research.biomedcentral.com/articles/10.1186/s12931-021-01737-5 https://www.pewresearch.org/politics/2015/06/08/section-2-knowing-gays-and-lesbians-religious-conflicts-beliefs-about-homosexuality/	https://safeguarding.network/content/safeguarding-resources/peer-peer-abuse/	How to get consent for sex (and no, it doesn't have to spoil the mood)	https://www.psychologytoday.com/uk/blog/liberate-yourself/202111/using-social-media-reassurance-and-validation	UK health expert raises alarm at vaping 'epidemic' among teenagers	What is it like to experience exam stress? A student perspective - The Ofqual blog
Cultural Capital	To develop an understanding of diversity and respecting diversity. How to use anti-bullying strategies to minimise hate and prejudice based bullying.	To develop an understanding of diversity and respecting diversity. How to use anti-bullying strategies to minimise hate and prejudice based bullying.	We aim to equip pupils with cultural capital, preparing children with the essential RSE educational knowledge and skills for what comes next. The exploration of new skills and experiences helps to nurture resilience, curiosity and creativity. Through this journey, children develop new forms of cultural capital that makes a difference in individual mind-sets, which consequently shapes their future.	To develop an understanding on the importance of mental health and growing concern on male mental health by bringing in guest speakers.	Exposing students to serious effects of vaping and real life stories of those who have experienced life changing experiences due to vaping.	Organisation skills and focus on future goals to help pupils prepare for the next year and feel more confident going into a new year.
Cognitive Links	History, science	History	Science link – Human reproduction, the process disregarding the emotional context. Students understand and are able to identify the structures and organs in the reproductive system and the function of the system as whole. The process of reproduction is covered		Science	
End Points	To understand why we would phrase the title as Stress Management To create opportunists in the classroom and understand how to take advantage of opportunities available to us.	To explore the issue of sexual harassment and understand the need for social responsibility To learn the importance of your image online To understand your human rights, your student rights and your responsibilities to your school and your community.	Everything you wanted to know about finance, banking and money! We will focus on the top 4 priorities to really establish our understanding of topics. Salaries and Taxes (4 sessions) Student Finance for University (2 sessions) Banking – Debit cards vs Credit cards (1-2 sessions) Mortgages and loans (1-2 sessions)	What Is Stress? How do you know if you are stressed To understand why we disengage in lessons and how we can change that. To create opportunists in the classroom and understand how to take advantage of opportunities available to us.	Define what the word 'growth' means Define what the word 'mindset' means Putting your knowledge of both the words together what do you think a 'growth mindset' is?	