

# WEEK ONE

WEEK COMMENCING: 13/11 27/11 11/12

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Spaghetti and Meatballs Chicken Arrabiata	Nando's Fake away	Winter Beef Casserole Herby Chicken Leg	Indian Curry Selection	Cheeseburger Jumbo Chicken Nuggets
	Main dish, potato and vegetable of the day £2.00				
SIDES	Mixed Leaf Garlic Bread	Spicy Rice Garlic Broccoli Garlic Bread	Creamy Mash Seasonal Vegetables	Basmati Rice Naan Bread Curried Cauliflower	French Fries Baked Beans
VEGETARIAN OPTION	Spinach and Pesto Penne	Buffalo Quorn Wings	Roasted Vegetable Tart	Chunky Vegetable Curry Bombay Potatoes	Cheese and Tomato Pizza Fish Fillet
DESSERT	Chocolate Chip Shortbread	Iced Sponge Cake	Apple Crumble Slice	Oat & Raisin Cookie	Jam Doughnut
	ALSO AVAILABLE DAILY: FRESH FRUIT AND CHEESE & CRACKERS				
SANDWICHES & ROLLS	A SELECTION OF FILLINGS AVAILABLE DAILY IN SANDWICHES, ROLLS, BAPS AND TORTILLA WRAPS				

# WEEK TWO

WEEK COMMENCING: 06/11 20/11 04/12 18/12

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Butchers Choice Sausages Southern Style Chicken	Beef Lasagne Spaghetti Bolognese	Crispy Chilli Chicken Chinese Chicken Curry	Cottage Pie Selection of Pies	Spicy Chicken Burger Jumbo Chicken Nugget
	Main dish, potato and vegetable of the day £2.00				
SIDES	Creamy Mash Yorkshire Pudding Seasonal Vegetables	Garlic Bread Mixed Leaf Salad Sweetcorn Cobbs	Stir Fried Noodles Long Grain Rice Spring Rolls	New Potatoes Seasonal Vegetables	French Fries Mushy Peas
VEGETARIAN OPTION	Vegan Cumberland Sausage	Cheesy Macaroni	Salmon Teriyaki Noodles Quorn Salt and Pepper Stir fry	Vegetable Slice	Quorn Southern Fried Nuggets Battered Fish Bites
DESSERT	Oat and Raisin Cookie	Chocolate Sponge & Custard	Apple Crumble	Sprinkle Cake	Ice cream
	ALSO AVAILABLE DAILY: FRESH FRUIT AND CHEESE & CRACKERS				
SANDWICHES & ROLLS	A SELECTION OF FILLINGS AVAILABLE DAILY IN SANDWICHES, ROLLS, BAPS AND TORTILLA WRAPS				