

<u>YEAR</u> <u>GROUP: 7</u>	Term 1.1	Term 1.2	Term 2.1	Term 2.2	Term 3.1	Term 3.2	<u>YEAR</u> <u>GROUP: 8</u>	Term 1.1	Term 1.2	Term 2.1
Topic/Theme	Families / respectful relationships, including friendships	Relationships and Cyber bullying	Mental Health	Changing adolescent body	Health and how to take care of yourself	Future plans	Topic/Theme	Families / respectful relationships, including friendships	Relationships and Cyber bullying	Sexual relationships and Exploitation
Knowledge	Pupils will learn about: <b>Families &amp; Respectful relationships</b> - The role of families in bringing up children - about trust and how we recognise this in our relationships - who can help if we are worried about family, friend or other relationships - dealing with changing friendships in the move to secondary school - the ways in which friends support each other	Pupils will learn about: - Black History Month -What makes a good friend - when to seek help for issues online and how to report material - Managing friendships -E-Bullying <b>PAD:</b> -Radicalisation and Extremism L1 & L2 -British Values L3 & L4 -Grooming and Cyber safety L5 & L6	Pupils will learn about: <b>Mental Well being</b> - about how to express feelings accurately and the support available within school for wellbeing concerns - about the importance of adequate sleep for mental wellbeing - about how being connected with others supports mental wellbeing - that they can take care of their mental health in the same way as they do their physical health and some ways to do this	Pupils will learn about: <b>Changing adolescent body</b> - how to manage periods effectively in and out of school - how to manage the physical and emotional changes of puberty - how to maintain personal hygiene <b>PAD:</b> -Discrimination and Bias L1 & L2 -Positive Influence L3 & L4 -Consent L5 & L6	Pupils will learn about: -Importance of Sleep -Diversity -Personal Hygiene <b>PAD:</b> -Dealing with Grief L1 & L2 -Being a gateway Citizen L3 & L4 Setting Goals L5 & L6	Pupils will learn about: -Role Models -Setting goals Continued -Organisation and the year ahead <b>PAD:</b> June Pride Month L1 & L2 Homophobia and British Values L3 & L4 Smoking/Vaping L5 & L6	Pupils will learn about: - Peer pressure -What makes a good friend, whats funny and not? - Black History Month part 1 <b>PAD:</b> -Good Friendships L1 & L2 -Families and conflict L3 & L4 -British values and racism L5 & L6	Pupils will learn about: - Black History Month part 2 -Racism - Women's safety- Sarah Everade and the safety of women - Personal Hygiene <b>PAD:</b> -Good Friendships L1 & L2 -families and conflict L3 & L4 -British values and racism L5 & L6	Pupils will learn about: - Healthy intimate relationships -Contraceptions. - the characteristics of healthy intimate relationships - about choices people make around sex, including delaying sex or enjoying intimacy without sex - basic facts about some different methods of contraception - know how condoms are used and where they can be accessed - basic information	
Big Question	How do you keep safe online?	How do you deal with bullies?	How does your brain affect you?	How do you take care of your personal hygiene?	Why do you need sleep?	What do you plan to focus on for next year?	Big Question	How do you recognise negative influences in your life?	How should we keep ourselves safe?	How does your brain affect you?

Term 2.2	Term 3.1	Term 3.2	<b>YEAR</b> <b>GROUP: 9</b>	Term 1.1	Term 1.2	Term 2.1	Term 2.2	Term 3.1	Term 3.2
<b>Mindset and decision making</b>	<b>Online and the med</b>	<b>Health and Safety</b>	<b>Topic/Theme</b>	<b>Families /Marriage and relationships</b>	<b>Unhealthy relationships</b>	<b>Sexual relationships</b>	<b>Health and prevention</b>	<b>Finances and Online</b>	<b>Mental health and personal care</b>
Pupils will learn about: - Community and responsibility -Healthy relationships with others - Healthy relationships with food <b>PAD:</b> -Growth Minset 1 L1 & L2 -Growth Minset 2 L3 & L4 -Research and Options for GCSE L5 & L6	Pupils will learn about: -Cultural appropriation -Stephen Lawrence and British Values -Racism and Media/Music <b>PAD:</b> Drugs L1 & L2 Child Sexual Exploitation (CSE) L3 & L4 Gangs and Criminal behaviour L5 & L6	Pupils will learn about: -Stereotypes 'Thats so Gay' -Online Trolling -Vaping, Nicotine and Addiction <b>PAD:</b> June Pride Month L1 & L2 Looking after your wellbeing L3 & L4 Resilience L5 & L6	<b>Knowledge</b>	Pupils will learn about: - Marriage -Religion and LGBTQ+ - Black History Month part 1 Divorce Managing Friendships Vaping <b>PAD:</b> -Sexual Relationships L1 & L2 -families and conflict L3 & L4 -Womens rights- Sarah Everade and the safety of women L5 & L6	Pupils will learn about: - Black History Month part 2 -Managing unhealthy relationships -Consent -Sexism, Misogyniy and hate crimes -Honor based violence -Cut knives out -County Lines <b>PAD:</b> -The Year ahead L1 & L2 -Relationship abuse L3 & L4 -Revenge porn L5 & L6 -Violence against Women L7	Pupils will learn about: - Building Blocks - Consent - Sustaining relationships -The body -Fertility -STI's <b>PAD:</b> -Sexual responses L1 & L2 -Pregnancy Options L3 & L4 -Pornography L5 & L6	Pupils will learn about: - Human Rights - Readiness - Body Image - FGM - Exercise and Fitness - Exercise and mental Health: About the impact exam stress may have on mental health and when to seek help - helpful techniques to cope with exam stress, including revision techniques - about different strategies people use to cope with poor emotional health and	Pupils will learn about: - Misogyny and Sexism - Managing risks in new situations - How to take care of my money - Violence against women - Avoiding gangs and crimibnal behaviour - How to revise effectively <b>PAD:</b> -Consent and Peer on peer bullying L1 & L2 -Hate crime and extremism L3 & L4 -Positive and negative	Pupils will learn about: - Mental Health - Managing exam stress - Terrorism - Resilience - Follow your dreams - Achievements - British criminal Justice system <b>PAD:</b> - Compassion L1 & L2 - Self-esteem L3 & L4 - Screen Time L5 & L6
How doyou take care of yourself particularly your mind and body?	How to stand up against racism, stereortypes and discrimination?	Why is Vapuing worse than smoking?	<b>Big Question</b>	Why is there a shift away from the traditional family type?	what makes a unhealthy relationship?	How do you recognise a negative influence in your life?	How do you take care of your body?	How do you recognise a toxic person?	How do you take care of your mental health?

<b>YEAR GROUP: 10</b>	<b>Term 1.1</b>	<b>Term 1.2</b>	<b>Term 2.1</b>	<b>Term 2.2</b>	<b>Term 3.1</b>	<b>Term 3.2</b>	<b>YEAR GROUP: 11</b>	<b>Term 1.1</b>	<b>Term 1.2</b>
<b>Topic/Theme</b>	<b>Stereotyping and equality</b>	<b>Sexual relationships</b>	<b>Sexual relationships</b>	<b>Online safety</b>	<b>Online and the media</b>	<b>Crime</b>	<b>Topic/Theme</b>	<b>Mental health and personal care</b>	<b>Sexual relationships/harassments</b>
<b>Knowledge</b>	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> <li>- Introduction to RSHE</li> <li>- Legal status of marriage</li> <li>- Black History Month part 1</li> <li>- Religion and Homosexuality</li> <li>- Managing friendships</li> <li>- Vaping</li> </ul> <p><b>PAD:</b></p> <ul style="list-style-type: none"> <li>- Long term commitments L1 &amp; L2</li> <li>- Parenting L3 &amp; L4</li> <li>- Womens Safety L5 &amp; L6</li> </ul>	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> <li>- Black History Month part 2</li> <li>- Abuse in Teen relationships</li> <li>- Pornography</li> <li>- Revenge Porn</li> <li>- Stalking and Harrassment</li> <li>- Why do people commit suicide</li> <li>- Forced and arranged marriages</li> </ul> <p><b>PAD:</b></p> <ul style="list-style-type: none"> <li>- Domestic Abuse L1 &amp; L2</li> <li>- Sexual Exploitation L3 &amp; L4</li> <li>- Cat Fishing L5 &amp; L6</li> <li>- Religion and</li> </ul>	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> <li>- Gender, Power and Consent</li> <li>- Consent</li> <li>- Sustaining relationships</li> <li>- Intimate and sexual relationships</li> <li>- Sexual response and pleasure</li> <li>- Contraception and Pregnancy Choice</li> <li>- British criminal Justice system</li> </ul> <p><b>PAD:</b></p> <ul style="list-style-type: none"> <li>- Pregnancy Options L1 &amp; L2</li> <li>- Dating and relationship violence L3 &amp; L4</li> <li>- Sexual Harrassment L5 &amp;</li> </ul>	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> <li>- Online Presence</li> <li>- Risky Behaviours</li> <li>- Saftey on Internet</li> <li>- Pornography and Mental Health: About the impact exam stress may have on mental health and when to seek help</li> <li>- helpful techniques to cope with exam stress, including revision techniques</li> <li>- about different strategies people use to cope with poor emotional health and which might be more helpful in the long</li> </ul>	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> <li>- How to get Work experience</li> <li>- Consent</li> <li>- Violence against women</li> <li>- A new type of donation</li> <li>- Positive online identity</li> <li>- Indoctrination and Stereotypes</li> </ul> <p><b>PAD:</b></p> <ul style="list-style-type: none"> <li>- Self-awareness L1 &amp; L2</li> <li>- Financial advice L3 &amp; L4</li> <li>- Smoking L5 &amp; L6</li> </ul>	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> <li>- Drugs and Alcohol</li> <li>- Masculinity</li> <li>- Self-awareness</li> <li>- First aid and personal saftey</li> <li>- Self-Harm</li> <li>- Knife-crime</li> <li>- Privilege</li> <li>- About different legal classifications of drugs and penalties for possession and supply, including school rules about drugs</li> <li>- the facts about legal and illegal drugs and the risks associated with them - the risks of</li> </ul>	<b>Knowledge</b>	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> <li>- Time Management</li> <li>- Dealing with exam stress and anxiety</li> <li>- Black History Month part 1</li> <li>- Same sex relationships</li> <li>- LGBTQ+ and Religion</li> <li>- Vaping</li> </ul> <p><b>PAD:</b></p> <ul style="list-style-type: none"> <li>- Stress Management L1 &amp; L2</li> <li>- Success in KS4 L3 &amp; L4</li> <li>- Womens saftey L5 &amp; L6</li> </ul>	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> <li>-Black History Month part 2</li> <li>- Sexual Harrassment</li> <li>- Social Media</li> <li>- Social Media Validation</li> <li>- Child on Child abuse</li> <li>- Voting Rights</li> </ul> <p><b>PAD:</b></p> <ul style="list-style-type: none"> <li>- Unwanted attention L1 &amp; L2</li> <li>- Digital Resilience L3 &amp; L4</li> <li>- Human Rights L5 &amp; L6</li> <li>- Vaping Effects</li> </ul>
<b>Big Question</b>	How do we fight against stereotypes	what are unrealistic expectations regarding sexual intercourse?	Why is consent important?	How do you keep safe online?	How do you take care of your money?	Why has societies view on masculinity changed?	<b>Big Question</b>	Whats the best way to take care of your mental health?	What are pro's and con's of social media?

Term 2.1	Term 2.2	Term 3.1	Term 3.2	
<b>Sexual relationships</b>	<b>How to stay safe</b>	<b>Drugs and alcohol</b>	<b>Managing stress</b>	
<p>Pupils will learn about:</p> <ul style="list-style-type: none"> <li>- Building Blocks</li> <li>- Consent</li> <li>- Healthy Communications</li> <li>- Sustaining relationships</li> <li>- The Body</li> <li>- Healthy Relationships with Food</li> </ul> <p><b>PAD:</b></p> <ul style="list-style-type: none"> <li>- Money Matters part 1 L1 &amp; L2</li> <li>- Money Matters part 2 L3 &amp; L4</li> <li>- Money Matters part 3 L5 &amp; L6</li> </ul>	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> <li>- Online Safty</li> <li>- Peer on Peer pressure</li> <li>- Social Media Validation part 2</li> <li>- Importance of happiness</li> <li>- Tolerance and respect</li> </ul> <p><b>PAD:</b></p> <ul style="list-style-type: none"> <li>- Anxiety and Stress L1 &amp; L2</li> <li>- Engagement L3 &amp; L4</li> <li>- Opportunities L5 &amp; L6</li> </ul>	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> <li>-</li> </ul> <p><b>PAD:</b></p> <ul style="list-style-type: none"> <li>- Addiction L1 &amp; L2</li> <li>- Smoking L3 &amp; L4</li> <li>- Failure to success L5 &amp; L6</li> <li>- About different legal classifications of drugs and penalties for possession and supply, including school rules about drugs</li> <li>- The facts about legal and illegal drugs and the risks associated with them</li> <li>- The risks of dependency and addiction</li> </ul>	<p>Pupils will learn about:</p> <ul style="list-style-type: none"> <li>-</li> </ul> <p><b>PAD:</b></p> <ul style="list-style-type: none"> <li>- Consent L1 &amp; L2</li> <li>- Sexual Harrassment L3 &amp; L4</li> <li>- Screen Time L5 &amp; L6</li> <li>-Managing exams</li> <li>-How to cope with Stress</li> <li>- The laws in relation to sexual activity, including consent</li> <li>- About laws around and warning signs of sexual exploitation</li> <li>- About gangs and their impact on</li> </ul>	
How should you take care of your body?	Why is peer on peer pressure?	Why can Vaping be considered worse than smoing and drinking?	How do i control and manage my stress levels?	

<b>Academic Reading</b>	<a href="https://www.lovetoknow.com/life/relationships/types-family-structures">https://www.lovetoknow.com/life/relationships/types-family-structures</a>	<a href="https://www.bbc.co.uk/news/education-23727673">https://www.bbc.co.uk/news/education-23727673</a>	<a href="https://www.mentalhealth.org.uk/explore-mental-health/articles/how-support-someone-mental-health-problem">https://www.mentalhealth.org.uk/explore-mental-health/articles/how-support-someone-mental-health-problem</a>  <a href="https://www.mentalhealth.org.uk/explore-mental-health/articles/how-pick-yourself-when-things-get-tough-15-tips-men">https://www.mentalhealth.org.uk/explore-mental-health/articles/how-pick-yourself-when-things-get-tough-15-tips-men</a>	<a href="https://www.mentalhealth.org.uk/explore-mental-health/articles/body-image-report-executive-summary">https://www.mentalhealth.org.uk/explore-mental-health/articles/body-image-report-executive-summary</a>	<a href="https://www.medicalnewstoday.com/articles/personal-hygiene">https://www.medicalnewstoday.com/articles/personal-hygiene</a>	<a href="https://positivepsychology.com/goal-setting/">https://positivepsychology.com/goal-setting/</a>	<b>Academic Reading</b>	<a href="https://kids.nationalgeographic.com/history/article/black-history-month">https://kids.nationalgeographic.com/history/article/black-history-month</a>	<a href="https://www.mentalhealth.org.uk/explore-mental-health/publications/talking-children-scary-world-news">https://www.mentalhealth.org.uk/explore-mental-health/publications/talking-children-scary-world-news</a>	<a href="https://www.who.int/news-room/fact-sheets/detail/sexually-transmitted-infections-(stis)">https://www.who.int/news-room/fact-sheets/detail/sexually-transmitted-infections-(stis)</a>
<b>Cultural Capital</b>	<p>To develop understanding of sensitive topics we link to real life examples, for example</p>	<p>To develop an understanding of diversity and respecting diversity. How to use anti-bullying strategies to minimise hate and prejudice based bullying.</p>	<p>To develop an understanding on the importance of mental health and growing concern on male mental health by bringing in guest speaks.</p>	<p>To assist with understanding of personal hygiene and ways to keep clean whilst going through puberty.</p>	<p>To develop students understanding of the importance of hygiene and diet with real life items as examples and skills and knowledge on how to use these for better hygiene.</p>	<p>Organisation skills and focus on future goals to help pupils prepare for the next year and feel more confident going into a new year.</p>	<b>Cultural Capital</b>	<p>To develop understanding of sensitive topics we link to real life examples, for example...</p>	<p>To develop an understanding of diversity and respecting diversity. How to use anti-bullying strategies to minimise hate and prejudice based bullying.</p>	<p>We aim to equip pupils with cultural capital, preparing children with the essential RSE educational knowledge and skills for what comes next. The exploration of new skills and experiences helps to nurture resilience, curiosity and creativity. Through this journey, children develop new forms of cultural capital that makes a difference in individual mind-sets, which consequently shapes their future.</p>

<a href="https://hbr.org/2016/01/what-having-a-growth-mindset-actually-means">https://hbr.org/2016/01/what-having-a-growth-mindset-actually-means</a>	<a href="https://www.bbc.com/culture/article/20220513-what-defines-cultural-appropriation">https://www.bbc.com/culture/article/20220513-what-defines-cultural-appropriation</a>	<a href="https://newsinhealth.nih.gov/2020/05/risks-vaping">https://newsinhealth.nih.gov/2020/05/risks-vaping</a>	<b>Academic Reading</b>	<a href="https://www.theguardian.com/books/2022/sep/24/zadie-smith-in-praise-of-black-england-gretchen-gerzina">https://www.theguardian.com/books/2022/sep/24/zadie-smith-in-praise-of-black-england-gretchen-gerzina</a>	<a href="#">What Does Misogyny Look Like? - The New York Times</a>	<a href="#">What is sexual consent?   Rape Crisis England &amp; Wales</a>	<a href="https://www.who.int/news-room/fact-sheets/detail/female-genital-mutilation">https://www.who.int/news-room/fact-sheets/detail/female-genital-mutilation</a> <a href="https://www.bbc.com/future/article/20190311-how-social-media-affects-body-image">https://www.bbc.com/future/article/20190311-how-social-media-affects-body-image</a>	<a href="#">Don't get mad, get equal: putting an end to misogyny in science</a>	<a href="https://hbr.org/2021/01/the-secret-to-building-resilience">https://hbr.org/2021/01/the-secret-to-building-resilience</a> <a href="#">Terrorism   The Crown Prosecution Service</a>
To develop students understanding of the importance of hygiene and diet with real life items as examples and skills and knowledge on how to use these for better hygiene.	To assist with understanding of cultural appropriation and real life scenarios such as Stephen Lawrence Murder.	Exposing students to serious effects of vaping and real life stories of those who have experienced life changing experiences due to vaping.	<b>Cultural Capital</b>	To develop an understanding of diversity and respecting diversity. How to use anti-bullying strategies to minimise hate and prejudice based bullying.	To develop an understanding of diversity and respecting diversity. How to use anti-bullying strategies to minimise hate and prejudice based bullying.	To assist with understanding the importance of consent and appreciating each others boundaries when engaging in sexual contact with someone else.	To develop students understanding of the importance of body image and realistic views on this examples and skills and knowledge on how to be confident with our own image without comparing to others.	We aim to equip pupils with cultural capital, preparing children with the essential RSE educational knowledge and skills for what comes next. The exploration of new skills and experiences helps to nurture resilience, curiosity and creativity. Through this journey, children develop new forms of cultural capital that makes a difference in individual mindsets, which consequently shapes their future.	To assist with understanding the British criminal justice system and the importance of knowing your rights as well as others.

<p><b>Academic Reading</b></p>	<p><a href="https://www.cfr.org/article/changing-landscape-global-lgbtq-rights">https://www.cfr.org/article/changing-landscape-global-lgbtq-rights</a></p>	<p><a href="#">My teacher said I'd more likely be dead by 25 than a footballer. What if I had listened?   Troy Deeney</a></p>	<p><a href="#">What Is Sexual Consent?   Facts About Rape &amp; Sexual Assault</a></p>	<p><a href="https://www.webroot.com/gb/en/resources/tips-articles/internet-pornography-by-the-numbers">https://www.webroot.com/gb/en/resources/tips-articles/internet-pornography-by-the-numbers</a></p>	<p><a href="#">Focusing on consent ignores better ways of preventing sexual violence</a></p>	<p><a href="https://www.theguardian.com/society/2023/feb/16/its-time-to-rethink-modern-masculinity">https://www.theguardian.com/society/2023/feb/16/its-time-to-rethink-modern-masculinity</a></p>	<p><b>Academic Reading</b></p>	<p><a href="https://respiratory-research.biomedcentral.com/articles/10.1186/s12931-021-01737-5">https://respiratory-research.biomedcentral.com/articles/10.1186/s12931-021-01737-5</a></p> <p><a href="https://www.pewresearch.org/politics/2015/06/08/section-2-knowing-gays-and-lesbians-religious-conflicts-beliefs-about-homosexuality/">https://www.pewresearch.org/politics/2015/06/08/section-2-knowing-gays-and-lesbians-religious-conflicts-beliefs-about-homosexuality/</a></p>	<p><a href="https://safeguarding.network/content/safeguarding-resources/peer-peer-abuse/">https://safeguarding.network/content/safeguarding-resources/peer-peer-abuse/</a></p>
<p><b>Cultural Capital</b></p>	<p>Exposing students to serious effects of vaping and real life stories of those who have experienced life changing experiences due to vaping.</p>	<p>To develop an understanding of diversity and respecting diversity. How to use anti-bullying strategies to minimise hate and prejudice based bullying.</p>	<p>We aim to equip pupils with cultural capital, preparing children with the essential RSE educational knowledge and skills for what comes next. The exploration of new skills and experiences helps to nurture resilience, curiosity and creativity. Through this journey, children develop new forms of cultural capital that makes a difference in individual mind-sets, which consequently</p>	<p>To assist with understanding of the importance of internet safety and how it can affect an individual's mental health if you are not safe online.</p>	<p>To assist with understanding of the importance of internet safety and how it can affect an individual's mental health if you are not safe online.</p>	<p>To assist with understanding of the importance of drug and alcohol abuse and misuse.</p>	<p><b>Cultural Capital</b></p>	<p>To develop an understanding of diversity and respecting diversity. How to use anti-bullying strategies to minimise hate and prejudice based bullying.</p>	<p>To develop an understanding of diversity and respecting diversity. How to use anti-bullying strategies to minimise hate and prejudice based bullying.</p>

<p><a href="#">How to get consent for sex (and no, it doesn't have to spoil the mood)</a></p>	<p><a href="https://www.psychologytoday.com/gb/blog/liberate-yourself/202111/using-social-media-reassurance-and-validation">https://www.psychologytoday.com/gb/blog/liberate-yourself/202111/using-social-media-reassurance-and-validation</a></p>	<p><a href="#">UK health expert raises alarm at vaping 'epidemic' among teenagers</a></p>	<p><a href="#">What is it like to experience exam stress? A student perspective - The Ofqual blog</a></p>	
<p>We aim to equip pupils with cultural capital, preparing children with the essential RSE educational knowledge and skills for what comes next. The exploration of new skills and experiences helps to nurture resilience, curiosity and creativity. Through this journey, children develop new forms of cultural capital that makes a difference in individual mind-sets, which consequently</p>	<p>To develop an understanding on the importance of mental health and growing concern on male mental health by brining in guest speaks.</p>	<p>Exposing students to serious effects of vaping and real life stories of those who have experienced life changing experiences dur to vaping.</p>	<p>Organisation skills and focus on future goals to help pupils prepare for the next year and feel more confident going into a new year.</p>	



<b>Cognitive Links</b>				Science link – Human reproduction, the process disregarding the emotional context. Students understand and are			<b>Cognitive Links</b>	Exposing students to serious effects of vaping and real life stories of those who have experienced life changing experiences due to vaping.	Science link – The adolescent body and changes. Lesson 5 of the sexual reproduction unit in animals concentrates on not just the life cycle of	
<b>End Points</b>	Identify the different types of family and the roles of family members. Describe the changes in family roles since the 1950s. Explain why roles have changed and why we need to learn about different types of families. Correctly identify ways we can develop genuine friendships. Describe how it can be difficult to always be a good friend. Explain the difference between genuine friendships	Describe the successes and contributions to Britain and the rest of the world of your chosen black Briton in detail for our display. Create a class display celebrating our black British community, their successes, icons and celebrities. Describe the successes and contributions to Britain and the rest of the world of your chosen black Briton in detail for our display. Choose two black British icons to research and	To understand what a sexual relationship is, why people might form them and what makes them healthy, unhealthy and abusive. To know what is meant by a sexual relationship. To identify the key differences between platonic, romantic and sexual relationships. To identify reasons why people might form sexual relationships and whether these might be healthy or unhealthy. To identify and	Identify the changes both males and females experience during puberty. Describe the importance of these changes and why they happen. Explain the meaning of new key scientific terms related to puberty. Correctly identify the different ways periods and the menstrual cycle affect us, what exactly happens and how we can manage our periods. Describe the different hygiene products, how the menstrual cycle	To be able to make informed choices about health and wellbeing - in particular, regarding the importance of sleep. To consider why sleep is an important part of a healthy lifestyle. To assess your own sleep routine. To design an aid to help teenagers improve their sleep routines. Learn about the similarities, differences and diversity among people of different race, culture and religion.	Learning about how to set a goal and how to overcome obstacles to achieve it. To understand the importance of moving forward to set a goal and how to overcome obstacles to achieve it. To complete the red clip challenge and gain at least 60% on today's quiz. I will be able to state the meaning of the acronym LGBTQAI. To complete the amber clip challenge and gain	<b>End Points</b>	To understand the importance of friendship and the qualities makes a good friend. To understand what is needed to make positive relationships with friends. To evaluate why some friendships can be more beneficial than others. Correctly identify the dangers and risks of leaving home and living on the streets. Identify places we can get help with domestic conflict. Describe solutions	Identify whether situations show religious prejudice or not. Describe your own opinions about freedom of speech and religious prejudice. Complete explanation task without using ideas sheet. Explain whether situations show religious prejudice, religious discrimination or religious ignorance. Analyse why such incidents still happen today. In today's lesson we will be look at why young people join	Identify the most common methods used to radicalise people and what extreme ideas sound like. Describe what radicalisation of an individual might look like. Explain why certain people are vulnerable to radicalisation and what you should do if you suspect it's happening to someone you know. Correctly identify ways we can practice mindfulness and ways mindfulness can help our mental

	ICT link – focusses on online safety, specifically grooming, sexting and cyberbullying. Students will be taught what these areas involve, how		<b>Cognitive Links</b>			Science link – Human reproduction, the process disregarding the emotional context. Students understand and are			
Describe different ways we can help ourselves and others to improve our moods in a healthy way when we feel a little low. Explain how certain activities can help to improve our moods and make us feel more positive as well as why these tips work. Analyse the short and long term benefits of the different healthy ways we can improve our own and other people's moods. To understand the role of a foodbank	To define the term drug and understand the different forms it can take To explore why people use drugs To evaluate the impact drug use is having on society Understand what the word 'exploitation' means Learn how to tell if someone is being exploited by their boyfriend, girlfriend or friend How some people gain power and control over others Be able to understand how being exploited can	I will complete the complete the red clip challenge and gain at least 60% on today's quiz. I will be able to state the meaning of the acronym LGBTQAI. I will complete the amber clip challenge and gain at least 80% on today's quiz. I will be able to describe the diversity of the LGBTQAI community. I will complete the green clip challenge and gain 100% on today's quiz. As above, but I will also be able to	<b>End Points</b>	To know what sex outside of marriage is and why people have sex outside of a marriage To understand the different Christian both for and against sex outside of marriage. To be able to evaluate the different Christian teachings through exam practice. To know the nature of different family structures. To understand the nature of families including: the role of parents and children, extended families and the	To understand the importance of moving forward To be able to identify signs of different types of abuse. To be able to describe exit strategies and identify support for abusive relationships. To be able to identify likely thoughts and feelings which can affect decision-making and suggest how to overcome barriers to help-seeking. To be able to explain how to help	To know that sexual feelings are normal and know some of the ways that people experience sexual pleasure and that this is not the same for everyone appreciate that sex and sexual activities should be enjoyable for both partners and understand that masturbation is a normal, safe sexual practice . To know at what point pregnancy can be detected and why early detection is important and be able to distinguish between facts and opinions about	To describe the effects of nicotine, tar and carbon monoxide on the body. To analyse how the components of cigarettes lead to disease. To interpret data on the effects of smoking. Understand what the law says about discrimination To understand equality and know their rights, to understand both how they should be treated, and how they should treat others To understanding	To understand the law on Peer on Peer abuse and to understand what constitutes Peer on Peer abuse To understand what discrimination is. To think about what we can do if we see discrimination happening. To think about how we can show respect to those around us. Compare and contrast the characteristics of healthy and unhealthy relationships. Describe the potential impacts of	To explain what compassion is and why it is important to be compassionate. Correctly identify the consequences of too much screen time and the ways this can impact upon our mental and physical health. Describe in detail the consequences of having too much screen time, how this affects the brain and positive alternatives for recreation. Explain, using today's key terminology in the

Cognitive Links							Cognitive Links		
<b>End Points</b>	<p>To be able to describe the options available to people who wish to make a long term commitment</p> <p>To be able to explain how a long term relationship can become legally binding</p> <p>To be able to recognise the unacceptability of forced marriage and identify support for someone who may be at risk</p> <p>To be able to identify the roles and responsibilities of parents with respect to raising</p>	<p>To understand the different types of abuse</p> <p>To know what abusive behavior looks like</p> <p>To evaluate different scenarios and discuss whether they are abusive or not</p> <p>To know what CSE is.</p> <p>To understand the signs of concern</p> <p>To know where to get help</p> <p>To learn about the experiences of LGBT+ people of faith.</p> <p>To understand it's OK to be LGBT+ and religious</p>	<p>To know at what point pregnancy can be detected and why early detection is important</p> <p>To be able to distinguish between facts and opinions about abortion</p> <p>To explore the emotional impact an unintended pregnancy may have on an individual</p> <p>To develop communication skills to discuss pregnancy decisions including about abortion</p> <p>Learn what is meant by coercive</p>	<p>To learn to identify positive emotions and how they can experience more positivity.</p> <p>To help young people understand the nature of stress and anxiety.</p> <p>Understand what is meant by the protected characteristics and why they have been represented in law in this way</p> <p>Be able to explain intersectionality and the effect that intersectionality has on power</p> <p>Reflect upon stereotypes and</p>	<p>Identify ways we can work on our sensitivity and self awareness and apply our learning to a case study.</p> <p>Describe in detail how we can improve our self awareness and sensitivity and how this can help us improve relationships.</p> <p>Explain in detail how we can sensitively handle strong emotions and which tips are most useful for particular people.</p> <p>To understand the options available with work</p>	<p>I understand what consent means and why it is so important.</p> <p>I can recognise when someone is consenting and when they are not.</p> <p>I understand how consent is sought, given and not given in a healthy relationship.</p> <p>I know what to say and do to seek the consent of another person</p> <p>Describe what we mean by positive masculine qualities.</p> <p>Explain what makes the case studies from today great positive male</p>	<b>End Points</b>	<p>To understand why we would phrase the title as Stress Management</p> <p>To create opportunists in the classroom and understand how to take advantage of opportunities available to us.</p>	<p>To explore the issue of sexual harassment and understand the need for social responsibility</p> <p>To learn the importance of your image online</p> <p>To understand your human rights, your student rights and your responsibilities to your school and your community.</p>

<p>Science link – Human reproduction, the process disregarding the emotional context. Students understand and are</p>				
<p>Everything you wanted to know about finance, banking and money! We will focus on the top 4 priorities to really establish our understanding of topics. Salaries and Taxes (4 sessions) Student Finance for University (2 sessions) Banking – Debit cards vs Credit cards (1-2 sessions) Mortgages and loans (1-2 sessions)</p>	<p>What Is Stress? How do you know if you are stressed To understand why we disengage in lessons and how we can change that. To create opportunists in the classroom and understand how to take advantage of opportunities available to us.</p>	<p>Define what the word ‘growth’ means Define what the word ‘mindset’ means Putting your knowledge of both the words together what do you think a ‘growth mindset’ is?</p>		